

Yummy Bucket Healthy Snack Ideas



We want to help provide healthy snacks for our preschoolers. Please limit Sugars, Preservatives & Hydrogenated Oils in the snacks you select.

With so many severe allergies, please help us keep our preschool a **Peanut Free Zone**.

Please send enough snacks for the 10 children in your child's class. We'll provide water to drink. If your snack needs to keep cool, please send it in a small cooler. We always have napkins, cups, spoons & forks on-hand.

Everyday Snack Ideas:

- Fruit & Crackers
- Breadsticks & Cheese
- Veggies & Dip
- Mini Sandwiches
- Fruit & Yogurt to Dip
- Dried Fruit & Crackers
- Fruit & Cheese Kabobs
- Apples Slices & Cheese Sticks
- Pita/Tortilla Triangles w/dip
- Granola Bars & Fruit Cups
- String Cheese & Rolls
- Tortilla Roll-ups *(cheese or meat or..)*
- Applesauce & Pretzels
- Mini-Bagel & Cream Cheese

Birthday Snack Ideas:

- Donut Holes & Cheese Sticks
- Fruit Smoothies *(bring your blender)*
- Fresh Fruit & Cheerios w/Yogurt in an Ice Cream Cone Cup
- Banana Pops *(frozen on a popsicle stick & dips: cereal, sprinkles...)*
- Fruit & Yogurt Sundaes *(yogurt, fresh fruit & chocolate chips on top)*



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